

# Ride With Pride

Fall 2022  
Volume 17, Issue 3

Greystone  
Manor  
Therapeutic Riding Center

## Give the Gift of Compassion

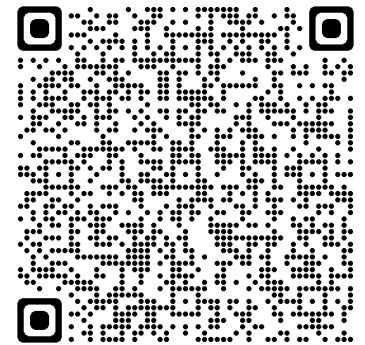
This year, surprise your loved ones with an alternate gift: a gift to a charity that is near and dear to their hearts!

***Greystone Manor Therapeutic Riding Center will issue a personalized certificate and an invitation for a private tour of our barn including a meet-and-greet with one of our horses to those wishing to give a donation of \$25 or more as a holiday gift to a loved one.***

Gifts at all levels can make a significant impact on our incredible program participants, our beloved program horses, and our community as a whole.

To get started, contact Executive Director, Jenn Rummel, at [jrummel@greystonemanortrc.org](mailto:jrummel@greystonemanortrc.org) or 717-844-3941 or scan this QR code to be directed to our Paypal account.

*For those who donate directly through Paypal or via check, please let us know if you would like us to prepare a personalized certificate for you to present to your loved one. Donations made after December 20th will receive a digital certificate via email.*



**\$25**  
can purchase an enrichment sensory item for a participant on the autism spectrum



**\$50**  
can purchase an ASTM/SEI approved helmet or adaptive tack for a program participant



**\$100**  
can pay for vaccines or shoeing for one horse or pony



**\$250**  
can pay GMTRC's utility bills for one week

## In this issue...

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## A Look at the Year Ahead

In 2023, GMTRC will continue to operate its lesson program on a year-round schedule.

**Weekly lessons start 01/09/2023**

### Break Weeks:

- 03/27-04/02/2023
- 06/26-07/02/2023
- 09/25-10/01/2023
- 12/25-01/07/2024

Specialized programming dates (i.e. Aaron's Acres, Silver Saddles, etc.) will be announced as that information becomes available.

### DATES TO REMEMBER

Spring Cleaning Day - 04/22/2023\*  
Open House/Celebrate - 05/06/2023\*  
Winners' Circle - 06/03/2023  
Fall Cleaning Day - 09/09/2023  
Horse Show - 09/23/2023  
The "Mane" Event - 10/21/2023  
Extra Give - 11/17/2023\*\*

\*Spring Cleaning Day and Celebrate/Open House subject to change

\*\* 2023 ExtraGive Date is estimated (ExtraGive date yet to be announced by the Lancaster County Community Foundation)

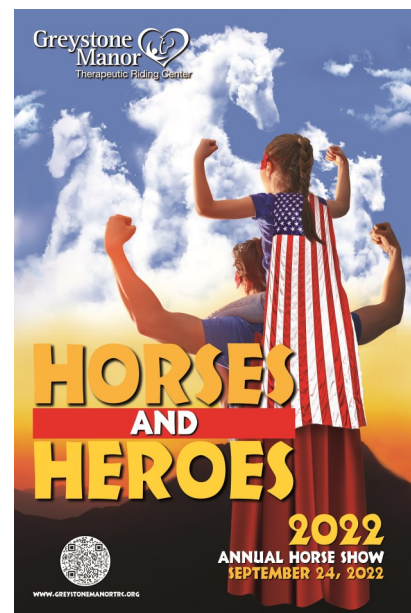
## Programs and Instruction

# The 2022 Horse Show—Horses & Heroes

GMTRC has offered a wide variety of fun and exciting themes for our annual horse show over the years, but none has generated the enthusiasm than “Horses and Heroes.”

Our staff struggled to narrow down our answers to the question, “Who is your hero?”, but we were able to represent eight groups of heroes in our obstacle course: medical, caretakers, volunteers, police, educators, firefighters, military, and service animals. There is no question that our favorite heroes are the students and horses who inspire us everyday!

On Saturday, September 24th, 37 participants tackled our Horses and Heroes -themed obstacle course and proudly displayed their growing equitation skills in the outdoor arena of the GMTRC barn. Congratulations to all who participated!



9:00 AM Class: Walk Only - On Lead		
Participant	Horse	Rider #
Zoey Adair	Makeda	101
Serriah Altman	Lucy	112
Charlotte Bouscher	Lil' Lacey	120



9:30 AM Class: Walk/Trot - On Lead		
Participant	Horse	Rider #
Amy Slider	Geym	102
Isabelle Mesiti	Peppy	113
Jack Link	Makeda	121
Wil Schweigert	Nando	132
Lori Rottmund	Bailey	140
Tracy Weaver	Neptune	154
Antonin Herr	Opi	160



10:15 AM Class: Walk – Off Lead/Trot - On Lead		
Participant	Horse	Rider #
Jennifer Sahd	Opi	103
Nathan Buckwalter	Sam	114
Carolyn Turner	Bailey	122
Stephen Lazun	Lucy	131



11:00 AM Class: Walk/Trot – Off Lead		
Participant	Horse	Rider #
Kammi Witmer	Violet	105
Regi Theodore-Wise	Nando	116
Audra Mylin	Bailey	123
Penelope Wheeler	Geym	137
Holly Thatcher	Opi	142
Nancy Shreiner	Sam	161



1:00 PM Class: Walk Only - On Lead		
Participant	Horse	Rider #
Mark Palmer	Lucy	106
Maria Otto	Nando	117
Mary Nejme	Opi	125
Angelica Zander	Violet	133

1:45 PM Class: Walk – Off Lead / Trot – On Lead		
Participant	Horse	Rider #
Xavier Yocum Pringle	Makeda	107
Camryn McComsey	Lucy	119
Cordell Hebensberger	Neptune	126
Lyndsi Binford	Violet	143
Andrew Swarr	Sam	151

2:30 PM Class: Walk – Off Lead / Trot – On Lead		
Participant	Horse	Rider #
Jon Sensenig	Sam	127
Addy Hays	Geym	139
Anne Wissinger	Bailey	145
Heri Banza	Makeda	152
Alejo Bair	Neptune	150

3:15 PM Class: Walk Only – On Lead		
Participant	Horse	Rider #
Sierra Holliday	Geym	128
Hayden Basore	Makeda	146
Katherine Civitello	Lil' Lacey	153



# 2022 Horse Show—Horses & Heroes

## Thanks to you!

The GMTRC team would like to extend a special thank you to the volunteers who made this event possible!

- ◇ Event Judges—Marilu Garofola and Ciara Young
- ◇ Photographers—Rachel Wertz, Dan Armstrong, and Jenn Rummel
- ◇ Announcers—Mark Leiden, Steve Jeffrey, and Kristin Glass
- ◇ Program Designer—Vic Matroni
- ◇ Obstacle Course Artist—Katherine Leiden
- ◇ Food Tent Co-Cordinators—Kathy Charles and Bobbi Schmid
- ◇ Logo Tent Coordinators—Carolyn Strohm, Marilyn Gehringer, and Randy Metz
- ◇ Special Guests—The Lancaster City Mounted Police, Upper Leacock Fire Company, and Susquehanna Service Dogs
- ◇ The 2022 Horse Show Decorating Committee: Shauna Masia, Rachel Pellman, Diane Garrett, Kristin Glass, Cookie Sandoe, Rebecca Farrell, Kristina Weaver, and Pat Bachman





# The “Mane” Event Dinner & Auction

The “Mane” Event Dinner & Auction Presented by Garman Builders was held at Bent Creek Country Club on Saturday, October 22, 2022. The evening featured ambassador Nathan Buckwalter, who has been riding at GMTRC for 40 years! The evening was hosted by H.K. Keller’s Tim Keller. Thank you to the sponsors, attendees, and donors who made the event a success. After expenses, the event raised over \$60,000 to support our programming.

## Platinum Sponsor:

Garman Builders

## Décor Sponsor:

Bobby Rahal Lexus of Lancaster County

## Bronze Sponsors:

Deer Country  
Kinsley Construction  
Lancaster Toyota  
Primitives by Kathy  
Trout CPA  
Yocum & Company, Inc.

## Friends of GMTRC

Mr. Gene Duncan  
Mr. and Mrs. John Felegi  
Thrivent

## Patrons

Mr. and Mrs. Frank Iaquina  
Fulton Bank  
Mr. & Mrs. Stephen Lazun  
E.G. Stoltzfus  
Mr. & Mrs. Brian Nejme



## Volunteer Profile: Phyllis Spotts



Phyllis (left) at the 2022 Horse Show with Lori, Bailey, and Linda M.

**How did you learn about GMTRC?** My daughter grew up riding and being involved in a local 4-H horse club and I heard about them then. So years later I felt that I wanted to do some volunteer work and decided to find out about therapeutic riding.

**When did you become a volunteer?** I have been volunteering since 2006.

**Why did you become a volunteer?** I have always enjoyed being around any animal. I thought if I could help someone also enjoy being around an animal, therapy for us both!

**What activities do you do in the barn?** I started as a volunteer side walker on Thursday afternoons in 2006. After a couple years I wanted to learn more about the care and handling of the horses. That's when I started helping with barn duty.

**What about this experience has been rewarding for you?** The most rewarding thing for me is helping with the riding lesions. A rider can arrive for a lesson and be frustrated and stressed but leave smiling and loving their horse. I really appreciate how the instructors teach the riders and the volunteers to breathe and be calm. Every rider is different and the instructors are very knowledgeable on what methods to use to help each rider learn something new or improve on each week.

**What would you say to someone who is considering becoming a volunteer at GMTRC?** You will be rewarded far more than you can imagine. There are many ways to volunteer, just try it. Leave your daily stress outside the barn door and focus only on the job you volunteer to do.

**Is there anything else you would like to add?** The instructors, riders and their families always appreciate what you do for them. You will always leave feeling like you received more than you gave and you will make some very important friends.



## Participant Spotlight: Vicki Maiers

**Vicki Maiers joined GMTRC through the Silver Saddles program. She stayed on as a volunteer and horse sponsor. We thank Vicki for sharing her story with us!**

**How did you learn about GMTRC?** I learned about GMTRC when I saw your article in the Lancaster Newspaper advertising your Silver Saddles program. I thought, "gee that would be amazing if I could actually get in." I have always loved horses and was fortunate to have my own horse way back when I was just out of high school. When I went on your website to research how to apply for Silver Saddles, I saw that I could also apply to be a volunteer. I thought that would also be a really great opportunity to share my life with horses, so I immediately applied.

**What made you decide to try the Silver Saddles Program?** I felt that the Silver Saddles program would be an excellent way to spend time with horses and expand my knowledge about them. Silver Saddles gave me the opportunity to learn so much about horses, how to communicate with them, how they perceive us as humans, how they actually see and what their field of vision is, how they tune in to our energy, and "how to raise and lower our energy as needed."

**Why did you become a volunteer?** I became a volunteer because of my love of horses, and I felt the opportunity to care for them would be extremely rewarding. To say the least, it is the most rewarding experience in my life. I recently became a widow, and spending time at the barn and giving the horses the love and care they need has been so uplifting.

**What activities do you do in the barn?** When I arrive at the barn, I like walking along all the stalls and turning on all the stall lights. I usually bring in three or four horses depending on how many volunteers we have. After they are all in, we clean their hooves. Then I tend to the pasture water troughs. If, for some reason, the horses couldn't go out because of the weather, the duties could be different, and we would muck stalls. On Saturdays, when time permits, Terri lets us groom horses.

**What about this experience has been most rewarding to you?** It is the highlight of my week, as I get to groom Lil Lacey. The most rewarding experience of my barn duty is caring for and sharing love with the horses.

**What would you say to someone who is considering volunteering or starting programming with GMTRC?** I would say to someone that was considering volunteering, if you have a passion for horses, go for it! You will find it to be very rewarding as you get to know so many people at GMTRC. Through Silver Saddles, I had the opportunity to get to know Steph, Kristina, Deb, Linda, and many more wonderful people. It is like a happy family at the barn, and I welcome the opportunity to be a part of it. I can't say enough about Terri. She does an excellent job of training people to care for the horses and has an amazing knowledge of each horse. I also want to express my great love for Lil' Lacey. I am happy to have been able to adopt her and contribute to her care. I look forward to seeing her every week and being able to groom her and give her my love. Animals give us unconditional love and deserve nothing less in return. Thank you, once again, for giving me this opportunity to share with all of you!



Vicki poses with Makeda during Silver Saddles

## Pony Up for GMTRC!

On Sunday, November 6th, 2022, GMTRC's horses, Marcus and Geym, visited Spring House Brewing Company on Hazel Street in Southern Downtown Lancaster for the official launch of Spring House's Annual Charity Brew—Pony Up 4! GMTRC's staff Steph, Jenn, Danielle, and Deb and Board Member Kristin spent five hours greeting new and familiar faces and sharing our mission. Thanks to everyone who joined us for this fun event!



## Welcome, Kelly!



GMTRC is proud to announce the addition of Kelly Geib, R.N., B.S.N. to its Board of Directors! Kelly is a graduate of Manheim Township High School and Wesley College. As a registered nurse, Kelly brings an increased level of clinical knowledge and compassion to our organization.

## BOARD OF DIRECTORS

Thomas G. O'Brien, President  
Drew Hostetter, Treasurer  
Randy Metz  
Terri L. Kutz  
Marilu Garofola  
Kristin Glass  
Marilyn Gehringer  
Carolyn Strohm  
Kathy Phillips  
Kathi Markley  
Ciara Young  
Kelly Geib

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**Greystone Manor Therapeutic Riding  
Center is a non-profit organization with  
501(c)(3) status.**

**Our mission is to enhance the lives of  
individuals with special needs through  
equine-assisted activities.**



Follow us on Facebook to  
keep up-to-date on  
happenings at the barn!

Congratulations on your retirement,



*Lucy!*

Lucy was born on Independence Day—July 4, 1998, and she has been an American hero from the start! She came to GMTRC as a free lease from Teddy Adams, whom she helped heal from a car accident as a devoted encourager and physical therapy buddy.

Over the years at GMTRC, Lucy has served so many GMTRC participants with her excellent ground work, smooth gaits, and sensitive spirit. She has been our patient champion with Aaron's Acres campers and Silver Saddles participants. It was a sight to behold when she would gently allow people of all ages to lead her on foot, with crutches, in walkers, and wheelchairs. What a teacher, partner, and friend our quarter horse mare Lucy has been to all!

**We love you Lucy!**

**Happy retirement from your family at GMTRC!**

## Executive Director's Note: Jenn

Dear Friends:

We have been blessed with another incredible year of experiences. We launched Silver Saddles 2.0 and Silver Saddles Riding Club—both extensions of our popular program for locals age 55+. The Durning-Davis family donated Tilly, a beautiful palomino mare, to GMTRC and we hope to add her to our program in 2023! We also welcomed a new board member, Kelly Geib, and a new Instructor-in-Training, Natalie Martin, to our "herd." We would like to thank Bobbi Schmid for her incredible service as her role of Volunteer Coordinator comes to an end. As of November 23rd, more than 140 volunteers donated over 10,000 hours of service under her supervision.

We hope to continue growing in 2023 by adding even more participants, programming, and community partnerships. You can be a part of this huge accomplishment! As always, our volunteers and our donors are behind all of our successes. Learn how you can get involved. Let's talk! Contact me at [jrummel@greystonemanortrc.org](mailto:jrummel@greystonemanortrc.org). From our team here at the barn, we wish you the very best in 2023!

*Jenn and the GMTRC crew*

