

# Ride With Pride

Summer 2021  
Volume 16, Issue 2



## Become a GMTRC Trailblazer!

***Sign up now to give a monthly gift of \$5.00 or more to become a GMTRC "Trailblazer!"***

Making a monthly gift to Greystone Manor Therapeutic Riding Center is easy and meaningful! Your monthly gift will make a big impact on our organization, our horses, and individuals with special needs right here in Lancaster County! Sign up by clicking on the Paypal link on our website at [www.greystonemanortrc.org/donations](http://www.greystonemanortrc.org/donations)! Recurring gifts can be canceled at any time.



AFTER 1 YEAR

a \$5  
Monthly  
Donation

will pay for one  
month of  
medications for  
one horse



AFTER 1 YEAR

a \$10  
Monthly  
Donation

will pay for one  
chiropractic  
treatment for a  
GMTRC horse



AFTER 1 YEAR

a \$25  
Monthly  
Donation

will pay for one  
6-week scholarship  
for a disabled  
GMTRC rider



AFTER 1 YEAR

a \$50  
Monthly  
Donation

will pay for one  
complete stall  
flooring repair for  
one horse

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### Telling Our Story on Video

This Spring, GMTRC received an incredible donation of three professionally directed and edited promotional videos from Mark Till, owner and creator of Lifesong Legacy Productions.

The professionally edited videos feature interviews with staff, volunteers, and riders. Mark used his drone to capture beautiful arial shots of the barn and grounds.

The videos will be premiered during the Winners' Circle Volunteer Celebration on June 5th, and then released on GMTRC's website and social media page.

Thank you, Mark, for your generous donation!



Mark films Program Director Steph Fleck while horses Opi and Wiz graze in the background.

## Featured Rider—Andrew

Meet this issue's featured rider: ANDREW! Andrew has been a part of GMTRC's Family since 2007. It's no surprise that riding comes naturally for him. This teenage equestrian comes from a horse-loving family. His mother was a fox hunter and owned horses. His sisters, Sarah and Hannah, used to ride in family rodeos.

Andrew, who will turn 20 this August, has worked with several GMTRC horses over the years. He rode Rascal, Hobbit, Bailey, Nando, and Wiz before making his way to Sampson. Nancy, Andrew's mother, says Andrew loves Sam's unflappable personality. "He loves the horse," she says. "Sampson is very calm, and it's given Andrew a lot more confidence."

Through his therapeutic riding at GMTRC and his work with Fitness 4 Focus in East Petersburg, Andrew has developed core strength and balance. He is working on his goal of riding off-lead. His instructor, Linda, says he has made tremendous progress.

According to Linda, "Andrew is a charming young adult with a deep love for riding and for Sampson. A few years ago, Andrew held some physical and emotional tension and fear when riding. We used creative horseback games and humor to reach his new-found confidence and maturity in the saddle. Today he truly feels responsible toward his leadership and partnership with his horse. He has developed in balance, stability, and strength. Andrew can process and navigate walk patterns off-lead...and reverse the patterns! He loves a trail ride in the fresh air and helping to remove and store his horse's tack each week."

Visit GMTRC and he'll surely greet you with his signature, "Oh, Hi!"



## Honoring Our Volunteers

In 2020, GMTRC launched a new event to recognize a special group of volunteers. The Carol Henkel Memorial "Winners' Circle" Celebration, named for GMTRC's founder, honors our volunteers who give over 150 hours of service per year.

On Saturday, June 5th, GMTRC's Board of Directors will once again welcome this exclusive group of 18 volunteers back to the barn for a celebration of their service.

**Thank you to our event sponsors!**

### Gold Sponsor:

Primitives by Kathy

### Silver Sponsors:

Lancaster Toyota  
Mulá Architects

### Bronze Sponsors:

Knight's Landing Stables  
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### Special Event Partner:

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# Volunteer Voices—Bobbi

## Aaron's Acres Is Back!

We are excited to welcome Aaron's Acres back to the barn for Summer Camp 2021! Every year, Aaron's Acres helps hundreds of children and young adults with special needs with recreational programs focusing on socialization and communication skills. The campers have been coming to GMTRC since 2012 for a fun-filled morning of equine learning stations and games and, of course, an opportunity to ride.



If this is an activity you would be interested in helping with, please mark your calendar for the following dates and times:

June 22nd & 29th  
July 13th, 20th & 27th  
August 3rd  
Time: 9:00 am to 12 noon

More details to follow so stay tuned!



### Congratulations to GMTRC's Volunteers graduating this spring!

#### Jillian Gorner

Graduated from: Hempfield High School  
Future plans: attending Alvernia University in the fall and taking their 5 year masters degree program for Occupational Therapy.

#### Reghan Radmore

Graduated from: Manheim Township High School  
Future plans: attending PA College of Health Sciences, 3 year accelerated BSN program (Bachelor of Science in Nursing).

#### Elena Amlie

Graduated from: Hempfield High School  
Future plans: attending the Harrisburg campus of Penn State University to major in business or architecture, and minor in music.

#### Jolene Fetterolf

Graduated from: Pennsylvania College of Health Sciences  
Degree: Bachelor's of Science in Nursing (BSN)  
Future plans: I have been an RN for 10 years. Emergency Room, and Oncology Nurse. I will continue oncology nursing, working towards my OCN (Oncology Certified Nurse) I have a small candle business (Wireback Candle Co.) I love flower gardening/container gardening.

#### Kayla Wolf

Graduating from: Conestoga Valley High School  
Future plans: attending University of Delaware to study chemical engineering.

#### Madison E. Hostetter

Graduated from: Hempfield High School  
Future plans: attending Drexel University in the fall  
Major: Pastry Arts and Sciences

#### Bella Silvaggio

Graduated from: Conestoga Valley High School  
Future plans: Attending University of Vermont, studying Animal Sciences and playing D1 field hockey.

#### Lily Nguyen

Graduated from: Lancaster Country Day School  
Future plans: attending Temple University. No specific major yet, undecided.

# The Welcome Return of In-Person Special Programming



Last summer, COVID-19 limited GMTRC's ability to welcome outside groups to the barn. Thanks to some creative thinking on the part of our instructors and volunteers, GMTRC was able to offer some virtual programming to community partners through Zoom calls and on social media. After a year away, GMTRC is thrilled to welcome special groups back to the barn!

## Aaron's Acres Returns!

Starting on June 22nd and running six times this summer, Aaron's Acres will return to the barn for its annual summer partnership.

Aaron's Acres participants will enjoy riding, grooming, and leading the horses. They will also experience sensory activities through handling tack and completing a scavenger hunt—all while learning about horses and horsemanship.



Risa Paskoff, Aaron's Acres Executive Director, says "everyone at Aaron's Acres is beyond excited to be returning to our in-person camp program this summer, which includes our trips to Greystone Manor Therapeutic Riding Center! There is nothing better than to see one of our campers getting on a horse—

whether it for the first time or for the 10<sup>th</sup> time! The staff at GMTRC are patient and kind as they help to support each child to ensure a safe, positive experience! We are counting down the days!"

This summer's visit with Aaron's Acres will be a new experience for GMTRC Program Director Stephanie Fleck, who says "we are thrilled to have the campers back on the property. We look forward to witnessing the physical and emotional interactions the campers will have when they encounter a horse."

## Silver Saddles Comes to GMTRC

GMTRC is excited to partner up with the Pathways Institute for Lifelong Learning to pilot a new program called "Silver Saddles!"

The program launched on May 24th with the first four participants working with instructors Deb, Linda, and Steph at the barn. The unique horsemanship program features four weekly unmounted sessions in which participants age 55+ experience the incredible bond between humans and horses while also enhancing physical and cognitive stretching and strength, facilitating positive exchange of experiences, and considering future equine opportunities. The current session will run through June 21st. A second session will begin with four new students on Tuesday, September 14<sup>th</sup>.



## Outreach—Heather

On Wednesday, April 21st, GMTRC's Outreach Coordinator delivered a speech to long-time supporters, the American Business Club of Lititz (AMBUCS), to share the positive difference their financial support has made to the organization over the years. AMBUCS is a "national non-profit service organization consisting of a diverse group of men and women dedicated to creating mobility and independence for people with disabilities." During the meeting, the Lititz AMBUCS generously presented Heather with another check to support GMTRC's mission.

This July, Heather will attend a meeting of the Loyal Christian Benefit Association at Udder Choice in Ephrata to thank them for their previous gift and share GMTRC's mission and vision.

If you would like to share GMTRC's work with your group, please let us know by emailing Heather at [community.outreach.gmtrc@gmail.com](mailto:community.outreach.gmtrc@gmail.com).





# Hitting the Trail

As the weather warms up and the trees and flowers bloom, GMTRC riders have been taking their lessons outside to the trails and the outdoor arena.



Kammi and Nando take their lesson outside.



Holly and Opi ride around the outdoor arena.



Emily and Bailey hit the trails with Instructor Michelle and Board Members Terri Kutz and Kristin Glass assisting.



## Meet Marcus!

Former therapeutic riding horse Marcus joined the GMTRC herd when his owner, Steph Fleck, started working as the Program Director. Marcus, a 14-year old Quarter Horse cross gelding; he is enjoying living in Pasture "B" with his friend, Violet. Welcome to the barn, Marcus!



**THE**  
*Mane*  
**EVENT**

**Boots & Blues gala**

Saturday, October 23, 2021  
Bent Creek Country Club  
Sponsorship and Tickets Available.  
Contact Jenn 717-844-3941



## BOARD OF DIRECTORS

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**general.info.gmtrc@gmail.com**

**Greystone Manor Therapeutic Riding Center is a non-profit organization with 501(c)(3) status.**



**Follow us on Facebook to keep up-to-date on happenings at the barn!**

## From the Barn—Lisa & Terri

Pasture management is critical to equine health. GMTRC's staff carefully monitors the amount of grass each of our horses consumes every day. To this end, in late 2019, GMTRC started adding fencing to pastures "A" and "B" thanks to a grant from the Donald B. and Dorothy L. Stabler Foundation.

This summer, GMTRC will be able to add additional fencing to pasture "B" thanks to a grant from the Robert J. Gunterberg Charitable Foundation, further aiding the management of the horses' diets.

GMTRC would also like to say **THANK YOU**

to the anonymous donors and individuals who participated in the Boehringer Rebate Program for Equioxx and Prascend— medications which several of our horses are on— to help with the purchase of the new stall fans. These fans, which are hung from the stall ceilings, will keep the horses cool on hot summer days.



## Executive Director's Note: Jenn

Dear Friends:

In one of my favorite songs, the Beatles sang "the sun is up; the sky is blue; it's beautiful and so are you." Summer is here and the warm sun is welcoming us back to our old routines. The last fourteen months have been challenging for most charitable organizations. Experts believe that about 30% of non-profits will not recover from the COVID-19 pandemic and will be forced to close. For the charities that will survive, the average economic recovery time is expected to be about seven years. Thankfully, that is not the case for GMTRC. You showed us that we provide a critical service to our community, and you helped get us through some of the toughest days our economy as ever seen. For that, we are tremendously grateful.



With the return of Aaron's Acres to the barn, the launch of the new Silver Saddles program, and the addition of a handful of lesson times to our regular schedule, we are starting to grow again!

Stay tuned to our social media and website to learn about ongoing developments at the barn. With your ongoing support, we will continue to carry out our mission of enhancing the lives of individuals with special needs through equine assisted activities for many years to come. Thank you for being a part of this special organization.

Sincerely,

*Jenn*

