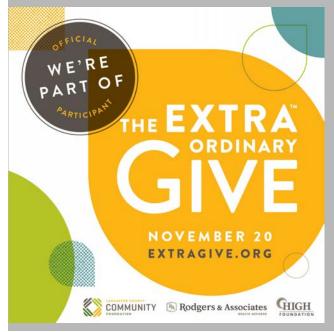
Ride With Pride Volume 15, Issue 3 Fall 2020 Greystone Manor



Give Extra on Friday, November 20th!

Lancaster County's biggest day of giving is almost here!
Support Greystone Manor Therapeutic Riding Center with a gift of at least \$10.00 on Friday, November 20th and your gift will be stretched by the ExtraGive's "stretchpool," which adds cash value to your overall gift. Every gift qualifies GMTRC for cash prizes. Last year, GMTRC received \$15,286 from the Extraordinary Give to carry out our critical programming. When the clock strikes midnight on the morning of Friday, November 20th, please be sure to make Greystone Manor Therapeutic Riding Center the recipient of your generous donor dollars! You can find the link to donate on our Facebook page or by searching for "Greystone Manor Therapeutic Riding Center" in the search bar on the Extra Give's website at www.extragive.org. Thank you for your support!

Don't forget you can make a donation to GMTRC any day of the year on our website! Visit www.greystonemanortrc.org.

A DIFFERENT Kind of Celebration

This year continues to throw new challenges at us! Due to the threat of the COVID-19 virus, Greystone Manor TRC is unable to host its annual fundraising gala in person at Bent Creek Country Club. Every year, the gala brings in about \$40,000 in donations to support basic organization operations. While our ability to host the event in person has changed, GMTRC's financial needs are ongoing—from horse care, to barn maintenance, to scholarships for riders—the gala is a critical part of GMTRC's ability to

deliver programming. Therefore, the show must go on! GMTRC will be hosting the gala virtually on Saturday, January 16, 2021 at 7:00 PM **LIVESTREAMING** from our website with the help of RCTV Productions and our friends at H.K. Keller! Please gather your "quaranteam" for a "watch party" and tune in to the show to see some familiar faces, see inspiring videos of riders, bid on a few exciting auction items, and remember the importance of our mission.



Programs & Instruction - Michelle

2020 Celebrate Awards

Every year GMTRC honors our riders and volunteers through our annual Celebrate GMTRC Award Ceremony. While we are not able to host an event this year, the staff and Board at GMTRC would like to thank all of our riders and volunteers for a job well done! We would also like to recognize a few riders and volunteers in the following way:

Ken Menne Award

This award is given to a rider every year who has the most conscientious attitude.

Winner: Alejo Bair

Janelle Conley Award

This award is given to the rider who has the best attitude, willingness to try and a ready smile.

Winner: Zoey Adair

The Rising Stars Rider Award

This award is given to a new participant who has shown great progress since starting at GMTRC!

Winners: Serriah Altman and Beckett Smith

Most Improved Rider Award

This Award is given to the rider who has shown significant improvements in the saddle.

Winner: Grace Trout



The Teddy (Ted Dzubinski) Award

This award was named after Ted Dzubinski, a retired volunteer, who was always willing to help. This award is presented to the volunteer who demonstrates the same level of commitment to our organization.

Winner: Cookie Sandoe

The Rising Star Volunteer Award

This award is given to a new volunteer who has greatly improved their skills and has been consistently willing to help out above and beyond.

Winner: Erika Eisenberg

The Muckateer Award

This award goes to the volunteer who is consistently willing to help even if it is mucking stalls! This volunteer would groom, pull tack, and get horses ready without being asked!

Winners: Ciara Lewis

The Step-Up Award

This award is given to the volunteer who is always willing to help out in a variety of capacities.

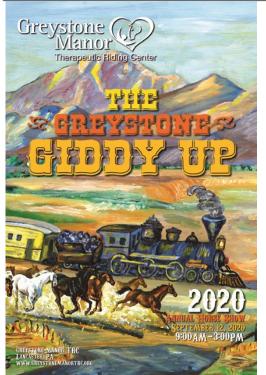
Winner: Melanie T.



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The Greystone Giddy-Up

September 12, 2020



The staff at GMTRC was thrilled to be able to have our 2020 Annual Horse Show this year, themed "The Greystone Giddy Up!" Thank you to all the local businesses who purchased ads in our horse show program, our class sponsors, and the volunteers, parents, caregivers, and riders for making it a successful horse show! We had 33 participants in this year's horse show and they all did an excellent job showing us their improvements and of course having a grand old "Giddy Up" time!





Congratulations to all of our participants!

9:00 Walk off Lead, Trot (Off Lead Optional)

Rider	Horse	Number
Roxanna Herman	Neptune	101
Audra Mylin	Рерру	142
Zoe Soderblom	Lucy	150
Jen Sahd	Opi	175

9:45 Walk Off Lead, Trot (Off Lead Optional)

Rider	Horse	Number
Anne Wissinger	Neptune	103
Cordell Hebensberger	Violet	114
Patti Greider	Sam	120
Sierra Holliday	Bailey	116
Wil Schweigert	Nando	127

10:30 Walk, Trot

Rider	Horse	Number
Amy Slider	Neptune	104
Lyndsi Binford	Violet	110
Andrew Swarr	Sam	131
Isabelle Mesiti	Lucy	151
Beckett Smith	Wiz	132

11:15 Walk Off Lead

Rider	Horse	Number
Becky Watts	Sam	112
Mark Palmer	Lucy	137
Sam Knighton	Рерру	148

12:30 Walk Off lead, Trot (Off Lead Optional)

Rider	Horse	Number
Jada Jeffries	Wiz	117
Allegra Essis	Lil Lacey	133
Camryn McComsey	Lucy	145
Nathan Buckwalter	Sam	154
Grace Trout	Bailey	163

1:15 Walk Off Lead, Trot (Off Lead Optional)

Rider	Horse	Number
Carolyn Turner	Bailey	106
Jon Sensenig	Sam	107
Alejo Bair	Рерру	118
Emily Zahn	Opi	121

2:00 Walk, Trot

Rider	Horse	Number
Connery Pham	Neptune	102
Addison Hayes	Lucky	128
Lori Rottmund	Wiz	140
Allegra Steffen	Opi	162

2:45 Walk

Rider	Horse	Number
Maria Otto	Nando	105
Jack Link	Makeda	113
Zoey Adair	Lil Lacey	122
Sierrah Altman	Violet	141

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Featured Rider - Meet Jack Link!



Jack with his mom, Amy, and Penn State Coach James Franklin

Tell us about Jack - Jack loves people. He connects with everyone he meets, especially little kids. His bubbly personality is infectious. He just turned 7 and is in 1st grade at Schaeffer Elementary school. He loves swimming, riding horses, riding his bike, reading, movie night, pizza, coloring with permanent markers, and playing with his neighborhood friends.

How did you learn about therapeutic riding and GMTRC? - One of my

former students is a rider and we came to see her at a show a few years ago. Once Jack became old enough and we felt like he was ready, we signed up!

How long has Jack been riding at GMTRC? - Jack started riding in August of 2019 after an unplanned surgery left us needing some new therapy options.

How has Jack benefitted from therapeutic riding? - Jack's relationships with animals have really changed since riding. He loves our dog and is more interested than ever with caring for him. Jack's communication skills have really improved along with his confidence. He can bravely tell Makeda or Lil Lacey 'Whoa" or "Walk on!" We have been very impressed with Jack's ability to ride, especially in two-point. He has limited sensation in his legs and riding has really helped to build and develop his core strength and balance.

What is (are) your favorite thing (or things) about GMTRC? -We love the community that makes up Greystone. EVERYONE is friendly and welcoming. It's a highlight of our week! What (if anything) surprised you about this experience? - We

have been pleasantly surprised with how the riding instructors have helped us with some academics during riding.

What advice would you give someone considering therapeutic riding? - You will see the gains in your child after only one session of riding. This has been the most beneficial therapy for Jack to date.

Why should the community support GMTRC? - Last fall, Jack's outpatient physical therapy provider cut their pediatric program. This was huge loss for him because it was very difficult to find after school therapy in the first places. Luckily, we were able to smoothly fill that gap with therapeutic riding at Greystone. Going to traditional physical therapy was a hard sell for Jack. Between the horses, volunteers, and staff, weekly therapeutic equine activities have become a treat, not a chore. Our community should support Greystone so that more children with disabilities can experience equine assisted learning that's safe, fun,

and productive.

> Jack on Makeda at the Horse Show with volunteers Ruth Daniels, Cookie Sandoe, and Reghan Radmore.



Congratulations to Volunteer Cookie Sandoe, this year's "Teddy Award" Winner!

How did you find out about GMTRC? - Many years ago when I was still working, I had read in the newspaper about the program and went to an orientation but decided at that time I could not fit it into my schedule easily so I became a volunteer after I retired.

How long have you been a volunteer? - I have been a volunteer for 6 years.

What volunteer activities do you perform? - I am a sidewalker but did take training to add horse leader. I'm looking forward to working more closely with the horses.

What is/are your favorite thing(s) about GMTRC? - Although I love being around the horses, I have really been happy to have found so many new friends and amazing and supportive group of people who share their knowledge freely so unlike the corporate world.

What advice would you give to someone who is considering volunteering? - JUST DO IT! I can promise that your experience will be enriching and fun. The horses are so sweet and the riders and their families are so appreciative.

How did the COVID-19 crisis affect your ability to volunteer? - I am currently only volunteering one hour a week with my favorite rider but I would like to be more involved in lessons and miss the Wednesday morning crew I used to be a part of. Looking forward to things getting back to normal.

Is there anything else you would like to add? - If you think GMTRC needs you, it's true but I found that I need GMTRC more. I always feel happier after a trip to the barn. Good news

for a wannabe cowgirl! Right: Cookie Sandoe with Featured Rider Jack Link

Above: Volunteers Cookie Sandoe and Rita Andrescavage at the 2019 "Mane

Right: Volunteers Cookie Sandoe and Reghan Radmore with featured rider Jack Link and Makeda the pony.

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From the Barn - Terri

The GMTRC team is happy to welcome Barn Manager Lisa back to the barn after a brief absence for partial knee replacement surgery. Lisa is a skilled equine caregiver and we are happy to have her return to her leadership role.

While Lisa was healing, several volunteers stepped up to ensure that the barn kept running. The GMTRC board and staff would like to especially thank Adam Bert, Megan Venerick-Giffin, Barbara Kesselring, Bob Hoffman, April High, Bobbi Schmid, and Alice Brubaker for their efforts.

On December 6th, the lesson program will break for winter; however, the barn operations continue year-round.

As the colder weather moves in, the barn team is hooking up heaters in the water troughs and increasing the hay supplies.

GMTRC is grateful to our barn volunteers and staff who continue to care for the herd during the cold and snowy winter months. Your efforts are certainly appreciated!







Volunteer Voices - Celebrating Our Volunteers





After two COVID-19 related postponements, GMTRC held its first annual Carol Henkel Memorial "Winners' Circle" Celebration on Saturday, October 3, 2020. The event, named in memory of GMTRC's co-founder, Carol Henkel, who passed away in 2019, honors GMTRC's 20 volunteers who donated over 150 hours each during the 2019 calendar year. The event featured stationed hors d'oeuvres, a video viewing of the Preakness Stakes, and a small gift for each volunteer presented by Board President, Tom O'Brien. The GMTRC staff and board would like to thank all volunteers who donated time last year and this year. The value of your time and your talents is immeasurable.

Volunteer	Number of	Volunteer	Number of
	Hours Donated		Hours Donated
	in 2019		in 2019
1. Anonymous*	2,064 hours	6. Troy Hess	223 hours
2. Melanie T.	489 hours	7. Jessica DeTour	222 hours
3. Dorothy Tilley	396 hours	8. Sue Knadig	210 hours
4. Bobbi Schmid	261 hours	9. Abbie Harmon	201 hours
5. Adam Bert	229 hours	10. Donna Spurri	200 hours

^{*} Four top donors gave a total of 2,064 hours. Their donations were 629 hours, 555 hours, 512 hours, and 368 hours respectively. These donors wish to remain anonymous.

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Please send newsletter comments to: general.info.gmtrc@gmail.com

Greystone Manor Therapeutic Riding Center is a non-profit organization with 501(c)(3) status.

Executive Director's Message

Happy Fall to All!

In August, I completed my first year with GMTRC. And what a year it's been! Together with all of you, we have enjoyed successes and challenges, and despite 2020 being a surprising year, GMTRC continues to push forward and serve the community.

Your support means the world to us. Our fundraising over the next several months will be crucial to enable us to provide scholarships to some of our riders, maintain the barn, and care for the horses. If you are able to give, we



kindly ask that you support GMTRC during the Extraordinary Give on November 20, 2020, the "Mane" Event Virtual Gala on January 16, 2021, and any time in between.

I wish each and every one of you a peaceful and positive finish to 2020! Thank you for believing in our mission and helping us to enhance the lives of people with special needs through equine-assisted activities! Your Friend,

Jenn





Community Outreach - Heather

ExtraGive is truly an Extraordinary time here in Lancaster County! It's a 1-day event where you can make a donation to your favorite local organization and be a part of Lancaster's community-wide celebration of generosity. The donations are stretched and each participating organization has the opportunity to win financial prizes throughout the day.

As many of you know, we love what we do here at Greystone Manor Therapeutic Riding Center. We have been working within the Lancaster County community since 1981. Our riders come from a variety of backgrounds and needs and each one of them continues to grow in their amazing horsemanship work, each year.

Please help us spread the word about GMTRC's mission during the 2020 ExtraGive and please consider a donation to our organization during the event.

Link for giving on November 20, 2020: https://www.extragive.org/organizations/greystone-manor-therapeutic-riding-center-10c7f839-8462-43ca-b350-199812bc1163. Look for a direct link on our Facebook page on November 20th!

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